

## FARNDON WALKS. GENERAL INFORMATION



### Village Surgeries Patient Participation Group

One of the good things to have come from the current situation, we are all in at present, is that we are walking more and this exercise is extremely good for us in every way.

In case there are parts of Farndon & Holt that you may want to get to know better, particularly for new residents, here are some ideas for walks in the area.

All walks start at The Farndon Health Centre.

Walks are between 4 to 5 miles and 2 to 2 hours 30mins duration.

In case of rain or tired children, escape routes back to Farndon have been included.

On all walks, the Church Towers of either Farndon or Holt are visible most of the time, so very little chance of getting lost.

Mileages are within 10% accurate. GPS varies slightly if following mobile navigation devices.

Please keep to footpaths – all walks are on Public Rights of Way  
Animals are occasionally grazing. They are usually simply curious, (young calves are particularly so).

They can quite easily be “shooed” away.

The field after the Fish Farm is a case in point.

If you're walking with a dog the cows are generally more interested in the animal than the humans.